

7 Questions
You Need
to Ask Your
Surgeon
About
BOTOX



Botox can be a great way to improve a number of aesthetic issues, a quick, comfortable, non-surgical solution that is safe and effective when administered by a trained and qualified professional. However, we've all seen or heard about badly done Botox, the frozen, false-looking results, drooping eyes or treatments that yield no beneficial effects at all. So how can the average patient be sure that they'll get effective and attractive results? By asking lots of questions before committing to treatment. Here are 7 questions you need to ask your surgeon about Botox in Singapore.

WHAT CREDENTIALS DO YOU HOLD?

In Singapore, only credentialed medical doctors and dental professionals can legally perform Botox injections. However, that doesn't mean that everyone who is allowed to perform these treatments has the same level of expertise. Since the skill and experience of the person injecting your Botox is essential to optimal, complication-free results, a Singapore oral and maxillofacial surgeon is your best choice to perform your procedure. These surgeons are extensively trained in facial anatomy, giving them an edge over other practitioners in planning injection points with the necessary precision for optimal aesthetic results.

HOW MUCH BOTOX EXPERIENCE DO YOU HAVE?

Even if you've chosen a qualified oral and maxillofacial surgeon, it is important to inquire about experience. You'll want to choose a practitioner who performs Botox procedures regularly – and achieves great results.

DO YOU USE NAME-BRAND BOTOX?

Be sure that when you have your Botox procedure done that you're getting real, name-brand Botox. Patients treated with generic neurotoxin medications are risking poor results and perhaps even serious complications – since some may not be manufactured with the strict quality control standards that name-brand manufacturers must adhere to.

WILL YOU USE FRESHLY MIXED BOTOX?

Botox must be reconstituted, or mixed, before use. The longer it is stored after it is mixed, the less potent it will be. For that reason, it is important to ask your surgeon whether your Botox procedure will be done with a freshly mixed Botox solution to ensure optimal results from your treatment.

HOW SHOULD I PREPARE FOR MY PROCEDURE?

While Botox is – for the patient – a quick and simple procedure, some preparation can help ensure comfortable and effective results. For instance, your surgeon may suggest that you skip certain prescription or non-prescription medications on the day of your procedure to minimize risk of bruising or skin irritation – so be sure to ask for specifics on what you can do to help ensure that your procedure goes well.

WHAT ARE THE POTENTIAL SIDE EFFECTS?

Botox treatment is considered safe and effective, and serious side effects are rare. However, as with any cosmetic procedure, complications can happen. Be sure to ask your surgeon for a detailed list of them. You'll want to know what to watch for – just in case.

HOW LONG CAN I EXPECT MY RESULTS TO LAST?

The length of time that your results can be expected to last will vary according to a number of factors, including the area treated, your overall health, your daily habits and your skin care routine, among many others. Be sure to ask your surgeon what you can expect based on your particular circumstances.

The bottom line is that a well-informed patient is generally a satisfied patient. Being well aware of what to expect from treatment and the questions you need to ask to be sure you're getting the most out of yours can make a big difference in your results – helping you achieve the smoother, fresher look you want to achieve with Botox treatment.